

What is Homecare?

Helping Families Understand What Support is Available

If you're starting to wonder if your parent, spouse, or loved one could benefit from extra support at home, you're not alone. Many families aren't sure where to begin or what options are available.

Whether your loved one is navigating changes due to aging, managing a chronic condition, or recovering from surgery, injury or illness, in-home care can help them remain safe, comfortable, and independent in the place they know and love – home. From a few hours a week to around-the-clock care, professional Caregivers can provide personalized support tailored to your loved one's needs, routine, and lifestyle.



Who Benefits from Home Care?

In-home care provides personalized support for those who are:

- Being discharged from a hospital or rehab
- Recovering from surgery, injury or illness
- Living with a chronic condition or disability
- Experiencing Alzheimer's or dementia
- Having difficulty with mobility
- At risk for falls or no longer able to drive
- Feeling isolated or lonely

In-home care can also provide respite for family caregivers, allowing them to rest and recharge, knowing their loved one is in trusted hands.

What Services are Available?

Care plans are personalized and designed to evolve as your loved one's care needs change.

- Personal care and hygiene assistance
- Mobility support to aid in fall prevention
- Transportation to appointments and errands
- Medication reminders and wellness checks
- Meal preparation and light housekeeping
- Specialized dementia and Alzheimer's care
- Companionship and social engagement

At Home Helpers® Home Care, our Caregivers are thoroughly screened, trained, insured, and thoughtfully matched to ensure the best fit.



Home Helpers® Home Care
Pacific Palisades, CA



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Is It Time for Homecare?

Starting the Conversation Early Can Make All the Difference

The need for extra help often begins with subtle changes that become more noticeable over time. It's natural to hope things will improve on their own, but waiting until there's a fall, hospitalization, or other urgent need can make the transition to care more stressful for everyone involved.

Talking with your loved one early on gives you time to explore options and find the right fit.



Paying for In-Home Care

The good news is there are several options, and we're here to help you determine the best fit for you and your family.

Most families use a combination of resources to pay for in-home care, including private pay, long-term care insurance, Veteran benefits, and public programs, such as Medicare and Medicaid.

Our Care Team can help you understand your options and develop a plan that works for you.

Each family is unique, but our goal is the same – to provide the best care for you and your family. Our Care Team is here to help. Contact us today to learn more.

Why Families Choose Home Helpers®

Families appreciate the one-on-one attention our compassionate Caregivers provide:

- Personalized: Care plans are customized and Caregivers are thoughtfully matched.
- Flexible: From a few hours a week to 24/7 care, services adapt as needs change.
- Comfortable: Care is provided in the familiarity and privacy of home.
- Supportive: Care improves the quality of life for all involved, not just your loved one



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