

Home Helpers® Home Care



A Message From The Owner

With the cost of extended and assisted living facilities and apartments rising, more seniors than ever are choosing to remain in their homes or “Age in Place.” Thanks to technology, medical advances, and an array of services available to the elderly and disabled, staying at home is easier and more convenient than ever. With Home Helpers

Home Care of South Tulsa, transportation services, delivery services, and a variety of companies who provide pre-prepared meals, online shopping, online medical services, expanded safety, and security services, the senior couples living in a two-story home, a single senior in a third-floor apartment, or mom and dad in an in-law suite, can comfortably and safely remain in the residences they love.

This is the 21st century, and the demands of millennials, Gen X, and Gen Z benefit our senior aging-in-place population with services such as Uber, Lyft, community bus services, smartphones, smart speakers, smart homes, and grocery store delivery. Home lifts, walk-in bathtubs and showers, and voice-controlled appliances enable seniors to remain in their homes well into their 80s, 90s, and beyond. All of these technological and medical advances are effective only through educating, training, and providing guidance to our senior population. This is just one of the many services Home Helpers Home Care South Tulsa provides.

Statistics show that over 58% of seniors have lived in the same home for more than 20 years, and over 75% plan to remain in that home for the rest of their lives. Despite changes in their environment and physical or mental health challenges, over 77% of seniors say it's not just the home they love, but the community they've come to cherish. Simple things, such as knowing where to shop, having access to senior centers and care facilities, and having medical services and pharmacies nearby is vital.

Community and home are not only meaningful to seniors. The United States of Aging Survey reports that 46% of people aged 50 and older say they will stay in their current homes, and should they require long-term or extended care, they would choose a local facility within their current community. These numbers highlight the need for Home Helpers Home Care of South Tulsa and the many services we provide.

Beyond seniors, children, veterans, adults experiencing chronic illnesses, those recovering from surgery, suffering from age-related disabilities, or requiring round-the-clock in-facility care, can depend on Home Helpers Home Care South Tulsa to provide professional, highly trained, compassionate caregivers to meet their specific care needs.

Some conversations are hard to have, so don't wait until it's too late. Gather the family and have the discussion – talk wants, needs, responsibilities, finances, and choices. Then call Home Helpers Home Care South Tulsa for a free consultation. You'll be glad you did.



March is Brain Injury Awareness Month

"When it comes to brain injuries, not a single injury or person is the same. The month is dedicated to improving awareness of brain injuries. Providing quality support for people with brain injuries and understanding their needs will improve their outcomes for the

future. Changing the world's perspective to understand how brain injuries work is a difficult task."

[Click here to learn more.](#)

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