

From: Jason Janoski
Sent: Friday, August 30, 2024 8:08 AM
To: Amie Horan
Subject: Amie, here's the latest Caregiver news

Home Helpers®

Our Caregiving Newsletter | August 2024

A NOTE FROM THE OFFICE

COVID is making a comeback

Cases of COVID are on the rise, and it's not even peak respiratory illness season yet. The current strains of the virus are extremely contagious, and the fact that many of us haven't had a booster since last year means our immunity levels are waning.

Updated vaccines are being released in September that will offer better protection against the newer variants of COVID. ***If it's been more than 2-3 months since you've had a COVID vaccine OR been sick with COVID, we encourage you to get one of these updated vaccines.*** September (and into early October) is an ideal time to get not only your COVID vaccine, but also your flu vaccine, as they will provide high levels of protection during the winter months.

While the vaccines do not guarantee you won't get sick, they reduce viral load if you DO get sick--which means you have a lower risk of severe illness and will recover quicker, and it also means you are less likely to transmit it to someone else.

Symptoms to watch for

Many of the cases we've seen in clients and Caregivers this summer have been mild, with people thinking it's just a summer cold or allergies. ***If you feel any of these symptoms, please call or text Oncall immediately so we can advise you of what to do:***

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Sore throat

- Congestion or runny nose
- New loss of taste or smell
- Fatigue
- Muscle or body aches
- Headache
- Nausea or vomiting
- Diarrhea

Also be sure to let us know if you have been exposed to someone who has COVID.

JASON

IN CASE YOU MISSED IT

August Zoom update

This month, we talked about the importance of clear communication, gave an update on insurance, and learned how a handful of overlooked sunflower seeds ended up costing us a client and a lot of money.

If you missed the live sessions, you can watch the recording by clicking the button below. It is also available on the [Home Helpers CareCoin Events tab](#), in the Past Events section.

WATCH AUGUST ZOOM

September's Zoom sessions are **6:15pm Tuesday, 9/10** and **9:15am Thursday, 9/12**. The sessions will be posted to Home Helpers Care Coin the first week in September--then you will be able to RSVP on the [Events tab](#) for the session you would like to attend.

NOTE: we share important updates and company information in our monthly Caregiver Zoom meetings. If you don't attend or watch the videos, you will not be eligible for pay raises and we may opt to remove you from future shifts.



**...to our Caregivers,
office staff and clients
with birthdays coming up
in September!**

CAREGIVERS

- Luvia P (9/4)
- Eurola S (9/6)
- Leah W (9/6)
- Ketsia O (9/13)
- Kayla S (9/17)
- Regina H (9/23)
- Juleah Y (9/26)

CLIENTS

- Melvin S (9/10)
- Marie P (9/13)
- Barb W (9/17)
- Mae M (9/25)
- John A (9/26)
- Bob W (9/29)

CAREGIVER of the MONTH



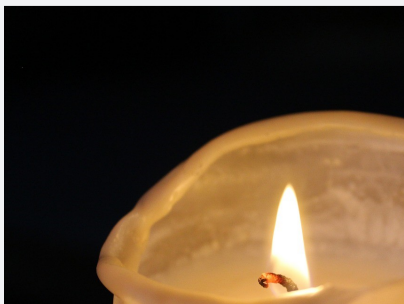
**Our Caregiver of the Month for August
is Lindsay Hull!**

Lindsay has proven herself to be a very reliable and versatile Caregiver, and has handled some very intense client care with incredible professionalism and heart.

Recently, one of her clients experienced symptoms of stroke. While the client was hesitant to call 911, she was finally convinced to let Lindsay make the call. The squad arrived quickly and the client was admitted to the hospital and rehab for two weeks. It's possible Lindsay's actions saved her life!

*Thank you, Lindsay, for caring so
deeply for your clients!*

IN MEMORIAM



Virgil L. passed away on August 9. We had the honor of caring for Virgil for 4 years, during which many of you got to know and love him. His wonderful team of Caregivers were there for Virgil through so much, and were a part of some incredible stories of success. We and his family thank you for everything each of you did for Virgil.

COMPASSIONATE CAREGIVING TIPS

Protecting clients from COVID

As noted earlier in the newsletter, cases of COVID are on the rise--and individuals age 65 and older are at higher risk for serious illness.



While we can't control what our clients are exposed to when we're not around, there are things we can do to help keep them safer:

- Regularly wash your hands during your shifts. Use hot, soapy water and thoroughly wash hands for at least 20 seconds.
- Stay up to date with vaccinations, and encourage clients to do the same.
- Practice social distancing with your client when you can do so in ways that don't affect your ability to care for and respond to their needs.
- Avoid taking your client to places where there are large crowds, or encourage mask usage in crowded public spaces.
- Monitor your clients for [symptoms](#), and report any you notice to Oncall.
- Monitor *yourself* for symptoms, and do not go to shifts if you are sick.

A WARM WELCOME

Introducing the newest members of our team

We added some more great people to our team this month. Please give them a warm welcome when you see them in person, in CareCoin or on the next Zoom call!



Renee Smith



Ebony Peoples



Melissa Bryant



Clifford Nkengfac



Juliette Yutzy



Norma Martinez



Shreejeeta Gurung



Susan Colbert



Sally Rached



Munsina Lukman



Hoden Jama



Selina Osei



Georgina Stevenson

HELPFUL LINKS & NUMBERS

- [Caregiver Help Video Series](#): click the link to access short videos to help you navigate the apps and systems we use every day
- [Home Helpers CareCoin](#): click the link for our reward and recognition app--also where we list our monthly Zooms and other employee events

- [ADP](#): click the link to access our payroll portal, where you can see and download pay stubs, 401(k) and tax info any time
- [Care Academy](#) (877-958-9649): click the link to access our online training portal; training reminder texts will come from the phone number
- [WellSky](#) (844-858-2128): click the link to access our Caregiver portal, where you can accept shifts, see your schedule and get directions to your clients' homes; system-generated shift notification texts will come from the phone number
- Oncall (888-422-8460): staffed 24/7, office staff uses this number to communicate directly with Caregivers; call or text with any needs or questions

*"Create meaning by caring
for others."*

-Maxine Lagache

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